



# The Valley Children's Pediatric Residency Program

Affiliated with Stanford University School of Medicine





I am excited to introduce you to The Valley Children's Pediatric Residency Program, Affiliated with Stanford University School of Medicine. As the only dedicated pediatric facility between the Bay Area and Los Angeles, Valley Children's has been training residents throughout the Valley for the past 40 years.

Now Valley Children's is taking the lead in training the next generation of pediatricians and pediatric surgical and medical specialists in creating a new, pediatric-focused teaching program in Central California. With Stanford as our academic partner, we'll prepare doctors to continue providing the highest quality medical care for children.

I joined the Valley Children's Healthcare team in 2000. I was just out of residency and started my career at this freestanding, nonprofit children's hospital in the heart of Central California. Over the past 15 years I have watched Valley Children's Hospital grow into the impressive healthcare network it is today. More than 1.3 million children living in our 11-county referral area have better access to our expanding clinical services.

In pursuing our vision to provide the nation's best healthcare for kids, we constantly look to add new talent and inspire innovation. This vision now includes offering the best graduate medical education. We are confident you will enjoy our medical education transformation. As part of this new program you will have the opportunity to be a leader and actively contribute to our developing academic partnership with Stanford School of Medicine.

To enhance your training over the next three years, our broad vision for the new program includes focusing on quality and patient safety, interprofessional education, and community partnerships, in addition to emphasizing hands-on care in our 356-bed children's hospital.

Valley Children's is committed to advancing outstanding clinicians and pediatricians, as well as future leaders in the field of medicine and advocacy in pediatric health. We hope you will consider us when evaluating pediatric training programs. Come join the legacy in providing the best healthcare for kids and working with national leaders in graduate medical education programs.

Jolie A. Limon, MD, FAAP  
Chief of Pediatrics  
Valley Children's Healthcare

## The Best Place to Learn A Great Place to Live

Considering continuing your medical education at Valley Children's raises two important questions:

- Why train with the Valley Children's team?
- Why come to Central California?

We invite you to take a closer look at why our organization appeals to thousands of medical professionals like you and what makes our region an enjoyable place to call home.





## Valley Children's Legacy



In 1952 our founding mothers had an inspiring vision to provide care for children in a hospital as special as its patients. Valley Children's has flourished ever since, becoming one of the largest pediatric healthcare networks in the nation that offers high-quality, compassionate care exclusively for Central California children from before birth to young adulthood.

Our independent, nonprofit network provides highly specialized medical and surgical services to treat conditions ranging from common to the most unusual and complex. We perform this extraordinary care at our medical facility that includes our 356-bed main children's hospital and three neonatal satellite locations, as well as through partner hospitals, primary care centers, and specialty care centers throughout our 45,000-square-mile service area.



## Training the Next Generation

The Valley Children's Pediatric Residency Program, Affiliated with Stanford University School of Medicine, will prepare the next generation of pediatricians and pediatric surgical and medical specialists like you to continue delivering the best medical care to children and families.

The Pediatric Residency experience at Valley Children's will expose you to the full array of pediatric subspecialty and support services such as cardiology, emergency medicine, endocrinology, gastroenterology, genetics, hematology/oncology, infectious diseases, intensive care, neonatology, nephrology, pulmonology and rehabilitation.

Pediatric surgical subspecialties include cardiothoracic surgery, general surgery, neurosurgery, orthopaedics, otolaryngology, and plastic and reconstructive surgery.

Our diverse, significantly underserved region representing more than 90 ethnic groups throughout our expansive service area offers unique clinical opportunities. As one of our pediatric residents, you will be exposed to a high volume and wide variety of complex and critically ill children in a short period of time. You will work on cases many healthcare professionals only read about while supported by state-of-the-art technology and a comprehensive, multidisciplinary healthcare network. You will learn the skills necessary to deliver pediatric care to a multicultural population in any geographic setting.

Another distinctive aspect of our pediatric residency program is Valley Children's partnership with hospitals and medical groups throughout the area. Valley Children's residents may rotate at our partner locations – including Kaiser Permanente and Saint Agnes Medical Center in Fresno, along with Adventist Health, and Dignity Health – and local pediatricians' offices.

With Stanford as our academic partner, Valley Children's residents will rotate at the Palo Alto campus for two months where you will access skilled pediatric physicians in adolescent medicine and developmental behavior.





## Excellence In Pediatric Specialty Care



Valley Children's strives to hire and retain the best pediatric subspecialists and staff to deliver the highest quality care with outcomes consistently above state and national averages for children's hospitals. Below are just a few highlights:

Our **Cancer and Blood Diseases Center** is a leading pediatric cancer and blood diseases center on the West Coast, ranking in the top 10% of therapeutic enrollments to National Cancer Institute studies through Children's Oncology Group – the world's largest organization devoted to childhood cancer research.

Our **Emergency Department** is the busiest in California for patients younger than 21 years of age yet still maintains impressive short wait times well below the national average.

Our **Level IV Neonatal Intensive Care Unit** – a specially designed nursery that provides the most advanced, around-the-clock care and monitoring for vulnerable infants in Central California – ranks among the highest in severity of illness among NICUs nationally yet we achieve better results in survival and morbidity compared to our peers.

**The Willson Heart Center** provides state-of-the-art therapies for the most complex congenital and pediatric cardiovascular disease.

Our expert **Transport Team** provides over 900 neonatal transports a year – about 18% of all neonatal transports in California – delivering the most experienced, lifesaving care in the Valley.

**The Charlie Mitchell Children's Center** is a rural health center offering family-focused, interdisciplinary, primary care to children with acute and chronic medical conditions, including patients' siblings so that brothers and sisters can all receive medical care from the same practice.

Our pediatric **Hospitalist Practice** provides evidence-based, high-quality inpatient care 24 hours a day, seven days a week, admitting about 45 percent of the Hospital's annual acute care admissions and those managed by Charlie Mitchell Children's Center (complex primary care).

**The Guilds Child Abuse Prevention and Treatment Center** oversees Valley Children's child abuse and neglect program activities, providing expert diagnostic, forensic and therapeutic evaluations and treatment services while working to improve communication and protect children from harm.

Our **Rehabilitation Center's** 20-bed inpatient unit is one of only three facilities in the state accredited as a pediatric specialty program by the Commission on Accreditation of Rehabilitation Facilities (CARF).

Valley Children's was the first pediatric hospital west of the Rockies to receive **Magnet® nursing** designation and has remained in the elite group of less than 7 percent of hospitals nationwide for more than a decade.



Our **Pediatric ICU** is one of fewer than a dozen nationally to receive the gold-level Beacon Award for Excellence™ from the American Association of Critical-Care Nurses (AACN), demonstrating sustained excellence in unit performance and patient outcomes.

With the best people on our team, Valley Children's will continue on our path of clinical excellence.

### Interprofessional Simulation Program

Valley Children's is expanding its interprofessional simulation program, which highlights our mission of education, assessment, quality, patient safety and clinical practice. Our program utilizes an in-situ methodology and offers residents and healthcare professionals opportunities to work side by side developing strong communication and collaborative skills that improve patient outcomes.

Sophisticated, high fidelity-based scenarios enable residents to learn through a hands-on approach how to develop leadership skills, respond to critical situations and perform complex procedures working within the healthcare team. Residents will train with other healthcare trainees such as pharmacy, nursing and social work students as well as hospital staff. Scenarios take place in an actual patient room followed by a debrief session led by trained faculty in a safe and confidential setting.





# Living In Central California

## California Map



Known for our California sunshine, our location offers residents many lifestyle benefits. With more than 1 million people living in Fresno and its neighboring towns, our region provides various amenities without the hectic congestion of the Bay Area or Southern California.

**Housing:** Situated off Highway 41 just north of Fresno, Valley Children’s Hospital is less than 30 minutes from a number of communities. Whether you prefer metropolitan or mountain living or something in between, you will find a safe, affordable and friendly neighborhood you will enjoy coming home to.

**Dining:** The region’s multicultural population provides a rich and flavorful dining experience, from Basque, Ethiopian and Armenian, to Indian, Mediterranean and Thai cuisine. Asian and Mexican restaurants are almost as popular as pizza parlors. Whether you want to enjoy a tasty tri-tip sandwich, fine dining or a popular pub, plenty of lively establishments abound.

If you prefer practicing the culinary arts at home, the area offers fresh fish markets that receive frequent shipments of fresh seafood from the Central Coast. Local meat markets feature beef from area ranchers. The San Joaquin Valley is a produce-lover’s paradise, with a wide selection of fresh fruits and vegetables, dried fruit, nuts and wine – all produced locally.

**Shopping:** The local area offers an eclectic mix of retail shopping experiences, from attractive outdoor malls such as Fig Garden Village and River Park with brand-name giants and novel stores, to charming Old Town Clovis and the unique Tower District.

**Arts and Culture:** Fresno offers ample entertainment opportunities, including several art museums, historic theaters, a renowned philharmonic orchestra, and an active academic and literary community. You may also enjoy the entertaining Rogue Festival, the Clovis Rodeo, the popular ArtHop, and the largest Hmong New Year celebration in the country. The Save Mart Center hosts a variety of outstanding performances year-round.

**Sports:** Sports fans can partake in assorted athletics at Fresno State. The Bulldogs’ football team regularly competes for a spot in the Top 25. The university’s baseball and softball teams both hoisted a national championship trophy within the last 20 years. Win or lose, fans and alumni of Fresno State, also known as the Red Wave, are some of the most diehard in the country, which always makes taking in any Bulldog game exciting and fun.

College isn’t the only game in town. Fresno is home of the Houston Astros triple-A minor league team, the Fresno Grizzlies, which won the Triple A Baseball National Championship Game in 2015. And the Fresno Fuego soccer team has been a major player in the USL Premier Development League for more than 10 years.

**Recreation:** Mild winters and warm summers provide a wide range of opportunities for outdoor adventure. From bicycling and hiking trails, to golf courses and waterparks, the Valley offers just about every activity for the nature or exercise enthusiast. Nearby lakes provide boating recreation, while white water rafting expeditions offer a different kind of water sport. Neighboring downhill and cross country ski resorts provide winter fun. Downtown Fresno’s new outdoor skating rink has become a recent favorite for families.

And if you want to explore out of town, our centralized location means you’ll be just a few hours from the world’s most popular vacation destinations, from Yosemite National Park, San Francisco and Monterey/Carmel, to Napa Valley, Santa Barbara and Los Angeles.

**Schools:** Central California is a great place to raise a family. Our exemplary schools deliver quality education to students with different learning styles. Recognized for academic and athletic excellence, local schools ensure a bright future for your children.

## Popular local restaurants

- The Yard House
- Sequoia Brewing Company
- Pismo’s (Seafood)
- Westwoods BBQ & Spice
- Yosemite Ranch (Steakhouse)
- Wassabi (Japanese/Sushi)
- Five (Italian)
- Phoenician Garden (Mediterranean)
- Thai Royal Orchid (Thai)
- Dog House Grill – Home of Tri-tip Sandwich (Casual)
- Casa Corona (Mexican)



## Popular Events

- Engelmann Cellars Concerts
- ArtHop
- Roger Rocka’s Good Company Players and Second Space
- Fig Gig
- Greek Fest
- Big Hat Day
- Big Fresno Fair
- Fresno County Wine Journey
- Vintage Days at Fresno State
- Clovis Fest
- Local Farmer’s Markets

## Vacation Destinations within Driving Distance

Destination	Hours from Fresno
Yosemite National Park	1.5
Kings Canyon National Park	1.75
Paso Robles Wine Country	2.0
Pismo Beach	2.5
Carmel & Monterey	3.0
San Francisco	3.25
Los Angeles	3.5
Napa Valley Wine Country	3.5
Lake Tahoe	4.5
San Diego	5.5
Las Vegas	5.75



## Access to Care Closer to Home

### BEGIN YOUR FUTURE WITH VALLEY CHILDREN'S

Thank you for taking a more detailed look at what our program and community offer to dynamic future pediatricians like you. We invite you to contact Valley Children's Pediatric Residency Program, Affiliated with Stanford University School of Medicine for more information. You may use the Electronic Residency Application Service (ERAS) to apply for a July 2017 position in our residency program.

Together we will ensure Central California children and their families continue to access the best pediatric care they deserve.

Please contact:  
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