OUR KIDS













en·dur·ing \in-'dùr-in

adjective: lasting, durable

Somewhere in the midst of 2020, our senior leadership team was asked for one word to describe their experience with 2020 and another to capture their hopes for 2021. It was a simple yet thought-provoking exercise of both reflection and of looking ahead.

For me, I came up with the same word for both the year behind us – and the year ahead.

Enduring.

y definition, "enduring" is an adjective that means "continuing or long-lasting." For me, it truly captures the magic of Valley Children's Healthcare – the sacred calling we have answered for nearly 70 years to care for our Valley's most vulnerable children.

The enduring commitment of our five founding mothers who set out to build a children's hospital here in Central California in 1949 so that families would not have to drive to the Bay Area to get care for their children – in a time when it was still uncommon for women to set out on such lofty pursuits.

The enduring compassion, skill and dedication of our extraordinary healthcare team – from exceptional physicians, nurses, therapists, social workers and more to our tireless materials management, facilities and environmental services teams who all made it possible for kids to receive the highest quality, safest care in the country...in the middle of a pandemic.

The enduring fortitude of our team to manage COVID-19, an entirely virtual 'go live' of our new Epic electronic medical record system, and a second Hospital Incident Command System set up to deal with the impacts of the worst wildfire season in California's recorded history, literally in our backyard and home to many of our employees, patients and their families. All at the same time.

The enduring support of our volunteers, Guild members, businesses and neighbors across this Valley to lift up our organization, our team and our patients and families as we all navigated uncharted waters. From bags of peaches and tangerines to almonds, Girl Scout cookies and enough pizza to feed an army, our spirits were lifted – as they have been many times over the last seven decades – by the support of our community.

And, above all, *the enduring heart* of our Valley Children's family, to care for our patients and families, to care for those we work with every day and those we may not have ever met, to care for our communities, and to care for the families of the employees we lost to COVID-19 and for our employees who lost loved ones of their own through this pandemic.

Much will be written about COVID-19 in the years to come. The Valley Children's story will be about the pandemic, of course – but, more significantly, about the enduring spirit, love, skill and commitment of this team.

Our best was on display here. Every day.

In every interaction. In the midst of the noise and the guiet.

Enduring.

That's what will be written about Valley Children's Healthcare.

Todd A. Suntrapak

President & CEO



Todd Suntrapak, President & CEO, filming one of his many 'virtual' messages shared with Valley Children's physicians, staff, and volunteers during 2020



Children's health outcomes are largely determined by where children live, learn and play. Across the Central Valley, children experience high rates of obesity, asthma, food insecurity and trauma, poor access to healthcare and unsafe sleeping environments. Across the counties we serve, children experience vastly different health outcomes.

Health inequities stem from factors affecting children outside of the four walls of the hospital – often referred to as social determinants of health – that ultimately affect their health outcomes. Research shows that children of color experience greater health inequities than white children and that these disparities in health and well-being begin early in life and influence health outcomes over the long term.

In 2020, the COVID-19 pandemic disproportionately affected low-income Black, Latinx, Asian/Pacific Islander, Native American and immigrant communities and highlighted longstanding health inequities across our community and country.

The following is our annual list of the most critical issues adversely impacting child health and well-being in our region and some of the ways Valley Children's and the Guilds Center for Community Health is aspiring to improve health, eliminate inequities and create a more just future for our children. In many ways, the impact of each of these issues was far more significant in 2020 in light of COVID-19.

TOP10 ISSUES

ACCESS TO CARE

Access to providers who can effectively prevent and/
or manage illness in a community-based setting such
as a primary care physician office or a school plays an
important role in keeping children healthy and well.
While we have seen improvements in access over the
years, there are still communities in the Central Valley
where too many children and their families have to delay
or forego needed medical care due to lack of access to
healthcare providers and resources.

ADVERSE CHILDHOOD
EXPERIENCES (ACES)
Research shows that the adversity we experience as children can affect us into adulthood. Adverse childhood experiences (ACEs) are stressful or

as children can affect us into adulthood. Adverse childhood experiences (ACEs) are stressful or traumatic events children experience before the age of 18. Challenges children face in school, life, and ultimately with their health, are often the symptoms of ACEs and toxic stress. In our region, ACEs affect 17% of children – increasing their risk for long-term health and behavioral issues.

ASTHMA

Asthma is one of the most common chronic diseases in children in the U.S. and a leading cause of hospitalizations and absences from school. In Kings County, almost 35% of children have been diagnosed with asthma. The Central Valley experiences some of the most dangerous air quality in the nation and asthma-related hospitalizations in our region are among the highest in the state, particularly in children.

CHILD ABUSE

Childhood abuse or neglect has a lifelong and even an intergenerational impact on the lives of children and their families and can cause long-term physical, emotional and behavioral problems. Children who are abused or neglected are more likely to have problems such as anxiety, depression, delinquency and difficulty in school. Kern County and Stanislaus County have the highest rates of substantiated cases of child abuse and neglect in the region.

CHILDHOOD OBESITY

More than one-third of fifth graders across most Central Valley counties are overweight or obese and although progress has been made in some areas, data shows that significant racial/ethnic and socioeconomic disparities persist in obesity prevalence.

Clean drinking water in schools

Access to clean and safe drinking water in schools is a key strategy to building healthy habits. Communities that lack access to clean drinking water and healthy foods are more likely to experience chronic diseases such as obesity and type 2 diabetes. Hydration stations, or water-filling stations, promote water hydration and children tend to drink more water with this method. In early 2020, the Guilds Center for Community Health partnered with Kings Canyon Unified School District, HMC Farms and Self-Help Enterprises and installed hydration stations at Lincoln and McCord elementary schools. The school district and schools were identified based on high rates of obesity, percentage of students receiving free and reduced lunches and the lack of available clean drinking water.

Schools for Healthy and Thriving Students

Valley Children's and the Guilds Center for Community Health, in partnership with the Center for Wellness and Nutrition, continued their work with the Schools for Healthy and Thriving Students initiative and provided school leaders from 17 school districts in Fresno and Madera counties with the knowledge, skills, technical assistance and resources needed to effectively develop and implement local school wellness policies. As a direct result of this program, several school districts updated school wellness policies.

COVID-19, RACIAL INJUSTICE, HEALTH INEQUITIES

2020 INSIGHT

2020 was like no other: our communities experienced a pandemic, racial protests and devastating wildfires all within the course of a year. Our families were in pain and children were struggling – and it was critical that we responded rapidly to each crisis. Organizations across the nation were forced to pivot from their priorities and focus on the immediate needs of our communities, and by doing so, acknowledging the stark health inequities that were present in our communities. Reducing and eliminating racial and ethnic health disparities throughout our region is a priority for the Guilds Center for Community Health. All children must have equitable access to the resources they need in order to be healthy where they live, learn and play.



FOOD INSECURITY

Approximately one in four Central Valley children are food insecure and live in households with limited or uncertain access to adequate food. Often times, families must choose between paying for basic household needs, such as utilities and rent, and paying for food – forcing them to eat low-cost, unhealthy foods that are less nutritious. Food insecurity has direct and indirect impacts on both the physical and mental wellbeing of children.

Prescription for Food

Amidst the COVID-19 pandemic and as food insecurity persisted at elevated levels, the Prescription for Food program in Merced County continued to screen families at Olivewood Pediatrics and link them to food resources – monthly boxes of nutritious food from the Merced County Food Bank. We are grateful to our funders at Central California Alliance for Health for continuing to support these efforts during a challenging year.



Valley Children's and the Guilds Center for Community Health



partnered with Vallarta Supermarkets at their stores in Fresno, Tulare, Visalia and Porterville during the summer of 2020 to promote access to healthy foods. Through the program, children received individually packaged fruit for free during checkout. The need for this program became even more apparent during the COVID-19 pandemic as kids were not in school due to remote learning and did not have access to snacks at school.

MATERNAL AND INFANT HEALTH

Central Valley counties have some of the highest rates in California of babies born prematurely, babies born at low birth weight and infants who die before the age of one. In addition, research shows large inequities in birth outcomes by race/ethnicity – with rates of preterm birth, low birth weight and infant mortality consistently higher for the African American/Black population than other groups.1

African American infant mortality

African American children die at more than double the rate compared to white and Asian groups. Socioeconomic status, maternal demographics and variations in health access account for some of the disparities in infant mortality. As an emerging issue of concern for Valley Children's and the Guilds Center for Community Health, funding was provided in 2020 to the Black Child Legacy Campaign to support their work in addressing this issue.

Safe Sleep Campaign

Approximately 3,500 infants die each year in the United States from sleep-related infant deaths and Black and American Indian infants experience this at a rate two times that of non-Hispanic white infants. Unsafe sleep is the leading cause of mortality among infants between one month and one year old. In 2020, the Guilds Center for Community Health launched a Safe Sleep Initiative to prioritize and coordinate the organization's efforts to promote safe sleep.



MENTAL HEALTH

Social and emotional well-being is an integral part of overall health. Approximately one in three ninth graders in the Central Valley experienced depression-related feelings. Screening, early identification and treatment are critical, as untreated mental illness can disrupt children's development, academic achievement, and their ability to lead healthy, productive lives.²

UNINTENTIONAL INJURIES

Injury is the leading cause of death in children and young adults and injuries are a major source of childhood emergency department and hospital admissions. Fresno County has one of the highest numbers of hospital discharges for non-fatal unintentional injuries in children ages 1-4. Most unintentional injuries are preventable, and many can be addressed by policies and programs focused on safety.

POVERTY

In many counties across the Central Valley, one third of children are living in poverty. Poverty is a social determinant of health that is inextricably linked to poor health outcomes. Rates of poverty tend to be highest among children under age five, those in single-parent families and African American/Black and Hispanic/Latino children.³

Housing insecurity

Housing has a profound impact on the lives of children. Unfortunately, a growing number of children across our region are experiencing housing insecurity. Homeless children are more likely than others to experience hunger and malnutrition, physical and mental health issues, developmental delays and academic problems.⁴

¹March of Dimes. (n.d.). Health equity and birth outcomes. Retrieved from: https://www.marchofdimes.org/materials/March-of-Dimes-Health-Equity-Birth-Outcomes-09192017.pdf

² Murphey, D., et al. (2014). Are the children well? A model and recommendations for promoting the mental wellness of the nation's young people. Child Trends & Robert Wood Johnson Foundation. Retrieved from: https://www.childtrends.org/publications/are-the-children-well-a-model-and-recommendations-for-promoting-the-mental-wellness-of-the-nations-young-people

³Bohn, S., & Danielson, C. (2017). Geography of child poverty in California. Public Policy Institute of California. Retrieved from: https://www.ppic.org/publication/geography-of-child-poverty-in-california

⁴American Academy of Pediatrics, Council on Community Pediatrics. (2017). Providing care for children and adolescents facing homelessness and housing insecurity. Pediatrics, 131(6), 1206-1210. Retrieved from: https://pediatrics.aappublications.org/content/131/6/1206

OF THE GUILDS CENTER FOR COMMUNITY HEALTH

FIRST ANNIVERSARY

2020 INSIGHT

Our vision is to transform the health and well-being of children where they live, learn and play.

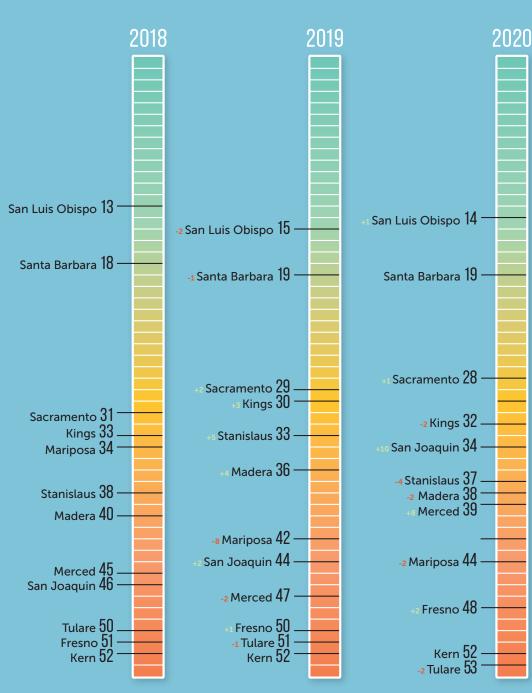
Our mission is to equitably improve the health and wellbeing of children by building capacity through partnerships, programs and community development.

WEEDING WILL WHERE THEY LIVE.

COUNTY HEALTH RANKINGS

The annual rankings, a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute, provide a revealing snapshot of how health is influenced by where we live, learn, work and play.

Source: Health Outcomes Rank out of 58, 2018-2020 (Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute)



2020 INSIGHT

KIDS, SCHOOLS AND COVID-19

STRONGER TOGETHER

IN A YEAR OF CHALLENGE

While our region's hospitals routinely practice responding to large-scale emergencies, it has been many years — and probably never to this extent — that we had to put that practice to the test. Valley Children's Hospital was fully prepared to care for our patients and pediatric patients who came to us from other hospitals and we also cared for adult patients from across the region.

"Our colleagues who take care of adults reached out to us and we were able to take care of some adult patients," said Dr. Karen Dahl, HICS co-medical technical specialist. "Responding to a pandemic like this isn't something that one hospital can do on its own. This is a community response."

Pulling together for the patients

hen COVID-19 changed the world in March, 2020, Valley Children's "Hospital Incident Command System" (HICS) was immediately implemented. The HICS team led all emergency response from day one, a transition that occurred smoothly thanks to the hospital's disaster response planning – an annual training protocol in which teams drill for a variety of potential scenarios, from natural disasters to pandemics.

"Even though the last year was such a challenging year for us, really pushing us outside of our comfort zone, it proved that all of the preparation paid off and our response was excellent," said Dr. Nael Mhaissen, medical director, Pediatric Infectious Disease and co-safety officer of the HICS team.

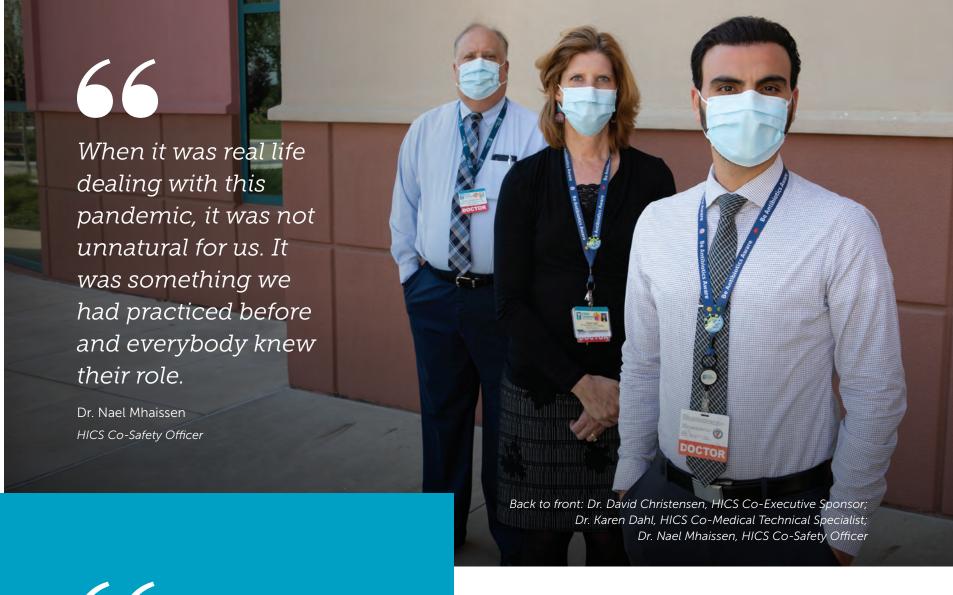
"When it was real life dealing with this pandemic, it was not unnatural for us. It was something we had practiced before and everybody knew their role," Dr. Mhaissen said.

The hospital's immediate focus when the pandemic swept into the Central Valley was to slow the spread of the virus – limiting access to the hospital; screening patients, staff and visitors; and moving as many employees as possible to work from home. At the same time, "Our focus shifted to ensuring that our team could safely provide care and to the management of our patients: testing for COVID-19, creating a dedicated unit for COVID-19 patients, and converting some of our patient rooms so we could safely care for these patients," Dr. Mhaissen said.

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As our community looked to local medical experts for care and guidance, Valley Children's was once again a reliable resource for patients, parents and partners, demonstrating our unconditional commitment to kids.

Dr. Karen Dahl
HICS Co-Medical Technical Specialist



COVID-19, wildfires, vaccines and more

he HICS team continues to lead the hospital's emergency response today, working around the clock to ensure that our systems are in place to protect and care for our patients, families and staff.

At one point during 2020, Valley Children's had three incident command systems simultaneously operating – COVID-19, the Creek Fire and the virtual 'go live' of the Epic electronic medical record system – the first time in anyone's memory of having three significant events occurring at the same time.

The HICS team has also led the administration of the much-anticipated COVID-19 vaccines, setting up the region's most efficient and effective immunization center for staff, families, first responders, educators and more.

"I take a lot of pride in that," Dr. Mhaissen said. "These are not easy immunizations to carry and administer, yet despite all the challenges, we started an excellent vaccination center from scratch. This is our way out of this pandemic."

Disaster preparedness, inventory management and the vaccination center are all examples of the calm, competent crisis management Valley Children's provided throughout – and since – the turbulent events of 2020, thanks to our internal HICS response and infection control leadership.

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Keeping the team safe to be able to care for our patients

he pandemic quickly reminded us that quality patient care not only required committed people and modern technologies, but basic medical supplies like masks, gloves, gowns and eye protection – items that quickly became hard to find when the pandemic brought sudden and severe worldwide demand.

According to Kellie Dyer, director of Materials Management, Valley Children's was not immune to the effects of the shortage.

"As soon as we got into the pandemic, we realized that the whole supply chain was impacted with more demand and less availability. We were going to be competing for personal protective equipment and our inventory management was not going to sustain us."

Under these extreme conditions, Dyer's suppliers would allocate items to the hospital

based solely on previous usage – which wasn't realistic, given the expected need. For example, prior to the pandemic, Valley Children's used approximately 4,000 N95 masks per year. During the pandemic, usage skyrocketed to 10,000 masks per week.

"We knew we were not going to have enough to sustain us. So we had to make a quick decision on how we were going to protect our staff," Dyer said. "We sourced a company located in the southwest United States. They were at capacity and couldn't take on any new customers, and I actually made a trip there myself to convince them of our need at Valley Children's and secure a long-term arrangement with them."

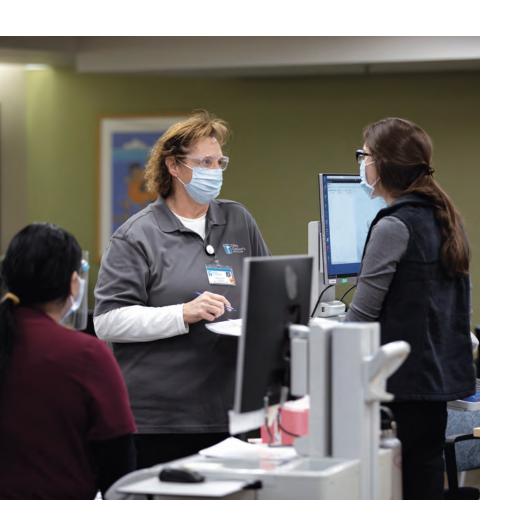
Dyer says she and her sourcing team "went to extraordinary lengths to make sure we had what we needed on hand," adding that her team was "just as committed as the clinician at the bedside to making sure we

had everything that we needed."

That no-compromise approach to patient care was the subject of frequent conversations between Dyer and Valley Children's President & CEO Todd Suntrapak "Our Board and our CEO never wanted our staff to have to re-use a mask or a gown. We wanted them to have a new mask each time they had an interaction with a patient" recalls Dyer.

Maintaining an inventory at that level wasn't easy, especially in the early days of the pandemic when Dyer recalled being "within hours" of running out of N95 masks. Now she says the hospital has more than 120 days' worth of inventory on hand.

"It feels really good to work for an organization where the most important thing is taking care of the patients and making sure we have the highest level of protection for our staff," Dyer said.

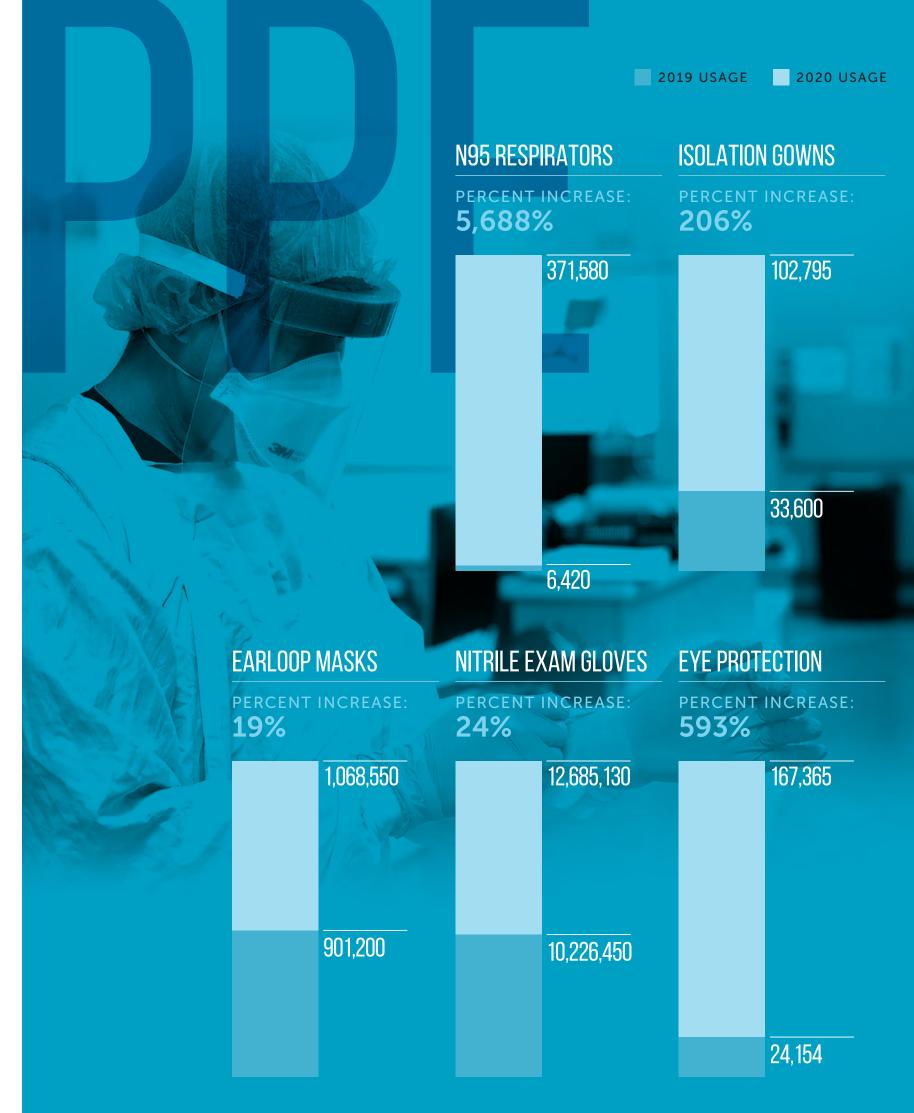


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It feels really good to work for an organization where the most important thing is taking care of the patients and making sure we have the highest level of protection for our staff.

ellie Dver

Director of Materials Management





Intrauterine Transfusion

alley Children's Maternal Fetal
Center now offers intrauterine
transfusion, allowing expectant
mothers to receive this highly
specialized treatment closer
to home. Utilizing an ultrasound-guided
needle to complete the transfusion, this
highly specialized procedure used to require
expectant mothers to travel to major
medical centers in the Bay Area or Southern
California, often with multiple appointments
over weeks or months. Now they can receive
this lifesaving treatment for their babies right
here in the Central Valley.

"Having to travel to institutions in San Francisco and LA is a huge social and financial burden to the families," said Dr. James Hole, medical director, Valley Children's Maternal Fetal Center. "The benefits of being local are significant for these families and is often the difference between a successful outcome versus a loss."

In addition to intrauterine transfusion, the Maternal Fetal Center provides a full complement of other fetal therapeutic procedures. 66

The benefits of being local are significant for these families and is often the difference between a successful outcome versus a loss.

Dr. James Hole

Medical Director,

Valley Children's Maternal Fetal Center



Spinal Muscular Atrophy newborn screening

n June 2020, California added
Spinal Muscular Atrophy (SMA) to
the statewide newborn screening
panel. As one of five CCS-approved
Neuromuscular Service Centers in the
state, and the only one in Central California,
Valley Children's is helping combat one of
the leading genetic causes of pediatric death.
When a newborn screen is positive for SMA,
the results are sent from the state to Valley
Children's Neuromuscular Center within days
of an infant's birth. Our team connects with

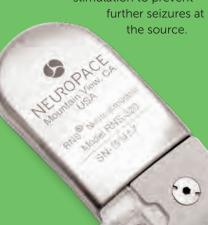
the patient's primary care doctor, initiates defensive diagnostic testing and begins evaluation for the best treatment option.

Since its inception, Valley Children's Neuromuscular Center has received four positive SMA screens. Thanks to newborn screening, treatment can now begin before symptoms appear. Three treatment options are available for SMA, and Valley Children's offers all three.

NeuroPace RNS System

alley Children's also added an important surgical advancement to our neurology capabilities.
Dubbed the NeuroPace
RNS System, the RNS device sits flush on the skull, beneath the skin, with small leads that are surgically implanted into the areas of the brain where the seizures start. The RNS collects seizure data and shares it with doctors who can

adjust treatment as needed. The
NeuroPace RNS System is the first
and only implanted medical device
that learns the individual seizure
patterns and responds through
stimulation to prevent



Supporting children and families with an epilepsy diagnosis

new Epilepsy Support Program was developed and deployed to provide seizure first aid training for communities and schools, virtual support groups, parent-to-parent connections for surgery support and virtual events for families. A seizure safety program is also in the works for families. With epilepsy diagnosed in an estimated 1 in every 100 people, these are important resources.

"My goal is to break down the stigma and barriers our epilepsy families experience and help to minimize their fear of judgment," said Caitlin Bernard-Vincent, epilepsy program manager.



Raegan, whose brother is a patient with epilepsy, and the painting she created during a virtual family support program

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Celebrating our team's

ACHIEVEMENTS

Each recognition received in 2020 speaks to our commitment to quality patient care across the organization, and each award belongs to our entire network of physicians, staff, supporters, patients and families. While it is always satisfying to be recognized for a job well done, our greatest reward is found in providing care to our patients and families – they inspire us.



The American Association of Critical-Care Nurses (AACN) presented its Beacon Award for Excellence to Valley Children's Pediatric Intensive Care Unit (PICU), marking the fourth occasion the hospital has earned a Beacon. The award was given in recognition of sustained excellence in unit performance and patient outcomes, with overall appreciation for exceptional patient care and a healthy work environment.



Widely known for its rigorous healthcare quality and safety standards, The Leapfrog Group named Valley Children's a "Top Children's Hospital" for the second consecutive year. The honor, given for exceptional achievements in quality and patient safety, was earned by only nine children's hospitals nationwide in 2020.















CHILDREN'S

HOSPITALS

USNews

For the fifth straight year, U.S. News & World Report ranked Valley Children's among the nation's top children's hospitals. The publication's 2020-2021 "Best Children's Hospitals" listing ranked Valley Children's in seven pediatric specialties: Neonatology, Pediatric Diabetes & Endocrinology, Pediatric Gastroenterology & GI Surgery, Pediatric Neurology & Neurosurgery, Pediatric Orthopedics, Pediatric Pulmonology & Lung Surgery and Pediatric Urology. The rankings are based on clinical data and an annual survey of pediatric specialists. Seven rankings are the most Valley Children's has received in any single year of the listing.



state & national averages



Serious Harm Events Centerline*

Harm Events as Defined by the Solutions for Patient Safety (SPS)	Valley Children's Hospital
Unplanned Extubations (UPEs)	0.4
Adverse Drug Events (ADEs)	0
Catheter Associated Urinary Tract Infections (CAUTIS)	0
Central Line Associated Blood Stream Infections (CLABSIs)	0
Falls	0
Pressure Injuries (PIs)	0
Surgical Site Infections (SSIs)	0
Ventilator Associated Pneumonias (VAPs)	0
Ventilator Associated Events (VAEs)	0
Venous Thromboembolism (VTEs)	0
Peripheral Infiltration/Extravasations-Serious (PIVIEs)	0

*The hospital centerline is the sum of all of the hospitals' events for a particular Healthcare Acquired Condition (HAC) divided by the sum of the opportunities of all of the hospitals' (patient days, line days, etc.) for the HAC, multiplied by the multiplier for the HAC (100, 1000 etc.). As of December 31, 2020 RK

AMONG OUR SAFETY HIGHLIGHTS:

REDUCTION

CENTRAL LINE-ASSOCIATED BLOOD STREAM INFECTIONS (CLABSI) as of December 31, 2020*

100% 100%

REDUCTION

SURGICAL SITE INFECTIONS (SSI) as of December 31, 2020*

100%

REDUCTION

CATHETER-ASSOCIATED URINARY TRACT INFECTIONS (CAUTI) as of December 31, 2020*

100%

REDUCTION

VENTILATOR-ASSOCIATED PNEUMONIA (VAP)

as of December 31, 2020*

COMPLIANCE

HAND HYGIENE COMPLIANCE as of February 5, 2021

1,000

CONSECUTIVE DAYS

WITH NO SERIOUS SAFETY EVENTS as of March 27, 2021

Dr. David Christensen

Valley Children's Senior Vice President of Medical Affairs and Chief Physician Executive



Our singular focus is on helping children and keeping them safe.

* Based on FY2012-FY2020 data (Resource link: leapfroggroup.org/ratings-reports/competitive-benchmarking)

pandemic, our staff exceeded every safety and quality standard demanded

by the virus while maintaining and delivering the highest

quality and safest care to every child who came through our doors for any

President & CEO Todd Suntrapak.

healthcare need," said Valley Children's

Keeping our eyes on our "North Star" of providing kids with the best healthcare available, Valley Children's not only survived, but thrived, in 2020.

"Our singular focus is on helping children and keeping them safe," said Dr. David Christensen, Valley Children's senior vice president of Medical Affairs

and chief physician executive. "They are the reason we do what we do every

single day."

The pandemic's HIGH-TECH PIONER HIGH-TECH PANDER HIGH-TEC

The nation's first virtual Epic go live

f necessity is the mother of invention, then crisis is the mother of innovation.

Most hospitals know the magnitude of the work around launching a new electronic medical record (EMR). But Valley Children's was the first in the country to pioneer a virtual go live process, thanks to our partners at Epic.

Due to the closures and travel restrictions caused by the COVID-19 pandemic, Valley Children's Healthcare's outstanding Information Technology and Clinical Informatics teams – working in partnership with the outstanding team at Epic – decided that moving forward on the transition was the wisest course, knowing that our patients would be better for it and that our crisis response would also be strengthened by a single medical record.

On April 25, 2020, Valley Children's flipped the switch on Epic, and made history in the process – hosting the nation's first-ever virtual go live.

"Not only was our go live 'virtually' error-free, it has become a blueprint for other healthcare organizations that are moving from one EMR to another. Our virtual go live was recognized nationally as a pioneering achievement, covered by a variety of national online publications including Becker's Health IT, Optimum Healthcare IT, Healthcare IT Today and others," according to Kevin Shimamoto, Valley Children's vice president and chief information officer.

Innovation is part of the Valley Children's culture – with or without a pandemic. And so is preparation. So while a virtual go live was spurred on by the pandemic, it resulted in thousands of hours and hundreds of staff getting ready for that go-live moment.

And what a moment it was.

66



Our virtual go live maintained critical support for the thousands of Valley Children's staff and physicians who had to all start using the new system at the same moment. This was a tremendous success all around.

Kevin Shimamoto

The rapid rise of the virtual doctor visit

Pandemic-related closures and quarantines affected every industry, but perhaps none as significantly as healthcare.

ith physicians no longer able to consistently provide patient care in person, federal and state regulators shifted policy to allow live, in-home videoconference visits. The demand for telemedicine services exploded as quickly as the pandemic itself as doctors and patients alike sought to use the safe, secure platform.

Valley Children's had been successfully providing telemedicine capabilities for seven years prior to the COVID-19 pandemic. But as Randy Guerrero, RN, director of Clinical Partnerships and Telemedicine, explained, "The system needed to be expanded rapidly if Valley Children's was to keep patients safe while continuing to provide the care they needed."

Guerrero and his team immediately began researching potential solutions, ultimately

selecting and deploying a new, easy-to-use telemedicine platform within just four weeks.

"We were able to maintain the level of care despite the barriers presented by the pandemic," Guerrero said, adding that telemedicine usage skyrocketed by up to 40 times the pre-COVID volume.

In fact, telemedicine use for primary care rose from zero cases per month pre-COVID to 1,000 cases per month during the pandemic.

Similarly, telemedicine use for specialty care rose from 92 cases per month pre-COVID to 2,200 cases per month today.

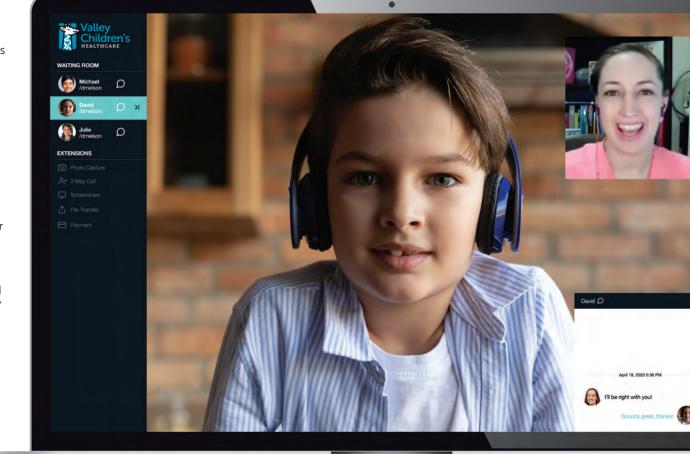
"We responded to a crisis and were able to avoid all gaps in care," Guerrero said.

And the program isn't resting on its laurels. Valley Children's is evaluating its telemedicine system expansions as patient needs and new technologies continue to evolve. 66

Telemedicine allows me to take care of my patients in an environment where they and their parents feel safe, and I know I'm keeping them well.

Dr. Hailey Nelsc

Complex Care Pediatrician



Valley Children's sponsors first-ever pediatric hackathon

hallenged to come up with deas for "Rethinking Pediatric Healthcare," more than 60 participants took part in Valley Children's first-ever Hackathon in October 2020. The threeday event brought together pediatric caregivers, business leaders, computer science professionals, college students, entrepreneurs and industry leaders from California and across the country, all tasked with innovating (or "hacking") solutions to problems in pediatric healthcare.

Held virtually due to the pandemic, the event grouped participants into small teams that worked over a weekend to generate solutions to problems that had been shared by healthcare professionals. The top three teams each received a cash prize and will

move forward with the Innovation Lab's incubation process valued at up to \$100,000.

Earning a \$1,000 cash prize, the first place team created a computer program to improve how clinicians order blood draws for labs. The team included Valley Children's Pediatric Resident Dr. Karen Wong and students from UC Irvine and the University of

Receiving \$750, the second place team developed a comprehensive approach to improving the employee screening process for COVID-19. This team included Valley Children's representatives from Information Technology Services, the Emergency Department, Nursing and Radiology.

And winning \$500, the third place team worked on an application-based solution to alert those with certain medical conditions

when air quality or other environmental factors might impede their health. The team was comprised of Valley Children's employees, patient family advisory council members and students from California State University, Fresno and UC Irvine.

Hackathons do demonstrate that our only limits are our imaginations!



Vaccinations

and Check-ups

Virtual Health Series helps public keep up with COVID-19

Families rely on Valley Children's for the best information for their children – and our virtual health series delivered.

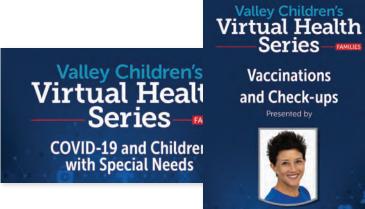
Part of our healthcare mission at Valley Children's involves communication – answering families' guestions, hearing their concerns and helping them understand what they need to know about important health issues like COVID-19.

The rapidly changing nature of COVID-19 called for us to communicate more frequently, more quickly and to more people – and platforms like Zoom and Facebook Live proved to be effective

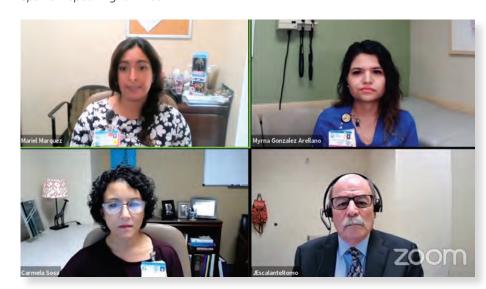
Our Marketing & Communications team created a live streamed virtual health series to provide us with a platform that could help families navigate these uncharted times. Segments covered a wide range of topics, ranging from how to distinguish symptoms of COVID-19 from a cold, managing the back to school transition, supporting children's mental health, vaccine safety and more.

Virtual news conferences and media interviews have also been livestreamed, with one media briefing alone drawing 63,000 views.

Based on our livestreaming success, Valley Children's understands that in the Information Age, sometimes communication is the best medicine.



Drs. Mariel Marquez, Myrna Gonzalez and Carmela Sosa speak with Jorge Escalante-Romo, Manager of Interpreter Services, during a recent COVID-19 Facebook Live for Spanish-speaking families



Detecting child abuse in virtual learning settings

midst the challenges encountered during the COVID-19 pandemic, new struggles in prompt identification and reporting of child abuse surfaced. In California, educators are responsible for approximately 20% of child abuse referrals to local agencies, making them an essential part of leading efforts in identifying child maltreatment. While virtual learning has affected our ability to see first-hand and assess interactions and injuries, in contrast, it has opened a new window into the student's home environment

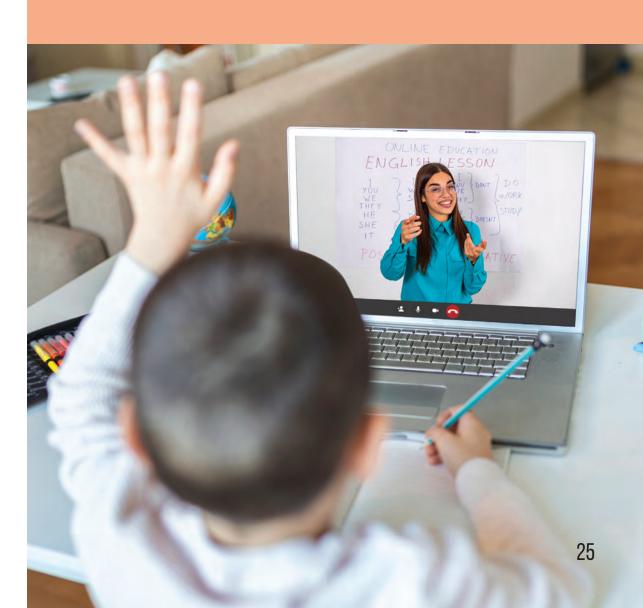
Valley Children's physicians and social work staff from our Guilds Center for Child Abuse and Prevention delivered training to nearly 1,300 educators, school nurses, school-based social workers and administrators to help them assess possible child abuse in virtual learning settings.

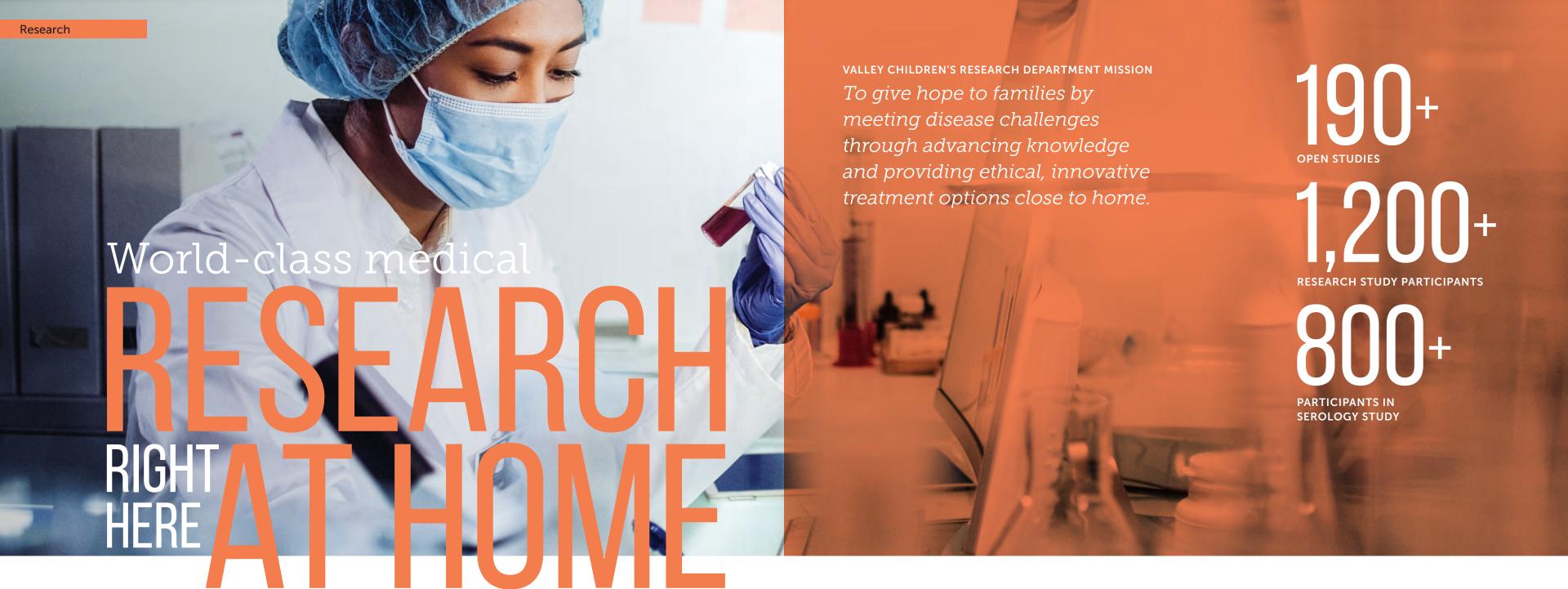
"Our training provided teachers with simple tools to identify potential signs of abuse, engage in conversations with kids that provided a 'window' into their worlds in a non-threatening manner and help set up a simple system for kids to ask for help if they found themselves in a scary situation – perhaps afraid or unable to speak aloud – and needed to alert their teacher," according to Dr. John Kinnison, medical director of the Guilds Center for Child Abuse and Prevention.

Educators are some of the best advocates our kids have – a role that Valley Children's is proud to share with them.

One sizable concern expressed by educators and local agencies was that virtual learning would impact the visibility that teachers and other adults had in keeping their eyes on kids. Our journey with telemedicine reinforced the ability to evaluate a child's appearance but also window we didn't have before.

Medical Director, Guilds Center for Child Abuse and Prevention





Some of the most significant research and clinical trials in the medical community are underway right here in our own community – thanks to the Research Department at Valley Children's Hospital.

t any given time, the hospital is home to dozens of research studies, often involving hundreds of participants. As of December 2020, the Valley Children's Research team had more than 190 open studies actively in progress, with an enrollment of more than 1,200 participants – including more than 800 in a COVID-19 serology study.

"We participate in numerous partnerships and registries, both statewide and nationally," said Rosanna Spicer, Valley Children's clinical research coordinator. "Beyond that, we have a lot of investigator-initiated studies, so our doctors are able to carry out their own studies on topics and treatments they are very passionate about that will help care for future patients."

That concern for our patients – both current and future – is at the heart of our Research Department's mission: "To give hope to families by meeting disease challenges through advancing knowledge and providing ethical, innovative treatment options close to home."

All research at Valley Children's is conducted under the oversight of the Institutional Review Board (IRB), which also educates hospital staff on the different research processes at the hospital. Additionally, our team is careful to confirm that all research is scientifically valid, is conducted with respect for the rights and welfare of our patients and is in compliance with all applicable federal and institutional regulations and policies.

Serology study sheds light on COVID-19

n 2020, the Research Department hosted a serology study utilizing a laboratory test developed by the Centers for Disease Control and Prevention. The test was designed to help estimate how many people in the United States had already been infected with SARS-CoV-2, the virus that causes COVID-19.

For the first round of the study, 872 members of Valley Children's workforce participated. In the second round, 572 workforce members returned to participate. Healthcare workers were tested because they are considered at a higher risk for exposure to COVID-19.

The study yielded a total of 10 participants who tested positive (seven in the first round, three in the second). Of these 10, seven returned for a final round of the study. Three of the seven were still positive at the final follow-up period. The seropositivity rate of the study participants was around 1%.

"The research team really appreciated the enthusiasm, curiosity and the scientifically-oriented mindset of the participants," said Dr. Geetanjali Srivastava, Serology Research lead and medical director of Emergency Medicine at Valley Children's. "To bring this project to fruition in such breakneck speed required a big lift by many different individuals and departments working collaboratively."

Conducting research of this sophistication and importance right here in the Central Valley is one of the reasons the Valley Children's Research Department was established in the first place.

"We have the goal to bring the best options to where patients have their home support system and community. We want them to stay in their local area," said Padma Desai, manager of Research at Valley Children's. "This goal in mind is what drives us to continuously bring studies to the Central Valley."

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GRADUATING RESIDENTS MAKE A TO THE RESIDENTS MAKE A TO

BY STAYING LOCAL

fter launching our Pediatric Residency Program in 2017, Valley Children's celebrated the graduation of its inaugural class of residents in 2020. While the program's primary goal is to produce physicians who are well-trained, compassionate and prepared to promote collaborative care, the secondary goal is to help remedy the shortage of physicians in the Central Valley.

Based on the class of 2020, both goals are being accomplished.

Of the residents in our first graduating class, half have remained here in the

Valley to make a difference with their medical training.

"Our program recognizes the value in physicians caring not just for patients' medical needs, but about the larger issues that impact our children's communities and their physical and mental health, as well," said Dr. Jolie Limon, Valley Children's chief of pediatrics. "By working together with patients, families and local and regional partners, we can help effect lasting change for the better in our Valley."

The positive impact of these six graduates is welcome relief here in the Valley, considered one of the poorest and

Welcome 'home' to these resident physicians:

Dan Merriott, MD
Chief Resident, Valley Children's

Huong Nguyen, MD

Erica Ortiz, MD

Cristina Vargas, MD

Chief Resident Valley Children's

Albert Vu, MD

Pediatrician, Valley Children's

Devon Ward, MD
Pediatrician, Valley Children's

We also celebrate these residents as their medical careers take them far and wide:

Daniel Ebbs, DO

Critical Care Fellowship

Becca Filbrandt, MD

Pediatrician (Willows, CA)

Tai Pham, MD

Juan Torres, MD

Pediatrician (San Diego, CA

Jessica Vaughn, DO

Neonatal Fellowship, UC Davis

Zahia Zayed, MD

ritical Care Fellowship CHLA

most medically underserved areas in the nation, according to the Medical Board of California.

With another class of residents on track to graduate in 2021 and a new class set to enter our program in June, Valley Children's is taking a leadership role in producing quality physicians and making long-term progress in addressing pediatric health issues here in our Valley.

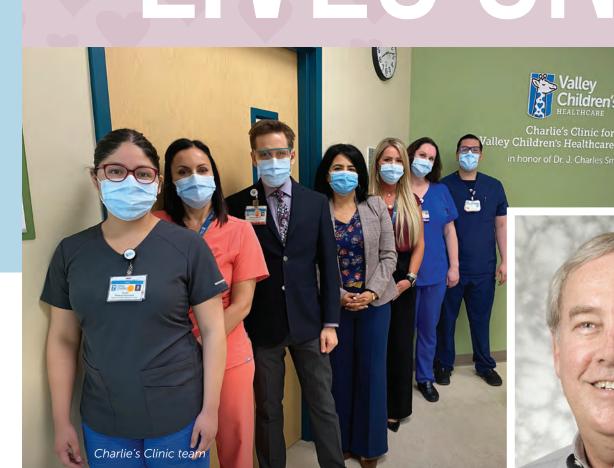
"Charlie's"

LEGACY OFCARE



Charlie's Clinic for Valley Children's Healthcare Families

in honor of Dr. J. Charles Smith



Dr. J. Charles Smith

r. J. Charles Smith
(affectionately called "Charlie"
by all who knew him) devoted
his life to the health and wellbeing of children in the Valley.
His career as a pediatric radiologist and his
leadership on the Valley Children's Hospital
Board of Trustees leave a lasting legacy in
our mission of providing quality children's
healthcare in our region. Charlie left us too
soon in August of 2016, leaving behind a
legacy of care and love for his patients and
the world of Valley Children's.

Now his legacy is further immortalized in a facility named in his honor: "Charlie's Clinic for Valley Children's Healthcare Families." Formerly known as Valley Children's Family Care Center, the clinic

opened in April 2020 to support Valley Children's staff, physicians and their families with primary and urgent care needs.

In November, the clinic received its new name – and a new location on the hospital campus, moving from its original site in the Medical Office Building to a spot in the Professional Center building.

It's only fitting that this special clinic should be named for Charlie, who understood that keeping our own team well is just as important as keeping our patients well. Even when the world closed down,

OUR GUILLOS STEPPED I I I

In an ordinary year, the Guilds of Valley Children's Healthcare devote a great deal of time and energy raising funds and developing community support to help us carry out our mission. But 2020 was no ordinary year.

hile we are always grateful for the support and contributions Valley Children's has received from its 12 Guilds, we are especially impressed with how our Guilds rose to the challenges of 2020. In a year that made in-person fundraising events and support drives impossible, our Guilds were undaunted in their desire to continue the amazing work that has been their legacy since the first Guild was established in 1949.

Much of the credit for inspiring the Guilds' indominable spirit in 2020 goes to Connie McClaskey, chair of the Guilds of Valley Children's Healthcare Coordinating Council.

"When I officially became Council chair, one of my mottos was, 'Come Together.' I'm a big Beatles fan," McClaskey said. "So I start with, 'Let's come together, it's going to be great,' and two months later I'm saying, 'Don't get near anybody!"

Clearly, the effects of the pandemic would require a major pivot in how the Guilds approached their role in raising funds and support for Valley Children's.

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Helping patients and families is close to the heart of every Guild member.

Connie McClaskey

Chair, Guilds of Valley Children's Healthcare Coordinating Council lot of fundraising and nonprofit groups, they were just putting everything on hold," McClaskey recalled. "But things were still needed and, as a group, we rallied."

The rally began with a drive to collect homemade face masks in the earliest days of COVID-19, followed by a food drive for hospital staff. The Guilds' quick action in such a time of need was greatly appreciated.

Despite the challenges, the Guilds also raised additional funds for their Pink Pig Fund, used to purchase specific, non-budgeted items in support of patients, families and staff.

Online auction raises more than \$72,000 in support of the Guilds Center for Community Health

n November, the Guilds rallied once again – this time spearheading the Bids for Kids online auction to raise funds toward their \$5 million commitment in support of the Guilds Center for Community Health, the first program of its kind in the Valley to bridge the exceptional care kids receive within our network and the health impacts they experience in the world around them.



For the auction, each Guild contributed items on which the public was invited to bid during the event's four-day duration. When the results were tallied, Bids for Kids raised more than \$72,000 for the Center.

"It was gratifying both because of what we were able to donate and because it kept our Guild members engaged," McClaskey said. "People were excited. Our members were eager to host a fundraiser again. And we had fun doing it."

One thousand pairs of new pajamas donated for surgery patients

hen the Guilds Center for Community Health heard that many patients arriving for surgery were in need of new, clean sets of pajamas, they quickly reached out to the Day Surgery team to help. While most of the hospital's 45 to 70 daily surgical patients are able to comply with instructions to arrive in clean pajamas to reduce the risk of infection, some are not.



"When our Guilds heard about the need for something as basic as clean pajamas, we immediately jumped in to act, since helping patients and families is close to the heart of every Guild member," McClaskey said. "And what the Guilds did surprised a lot of people: we donated one thousand pairs of pajamas! I was so proud of the Guilds."

In fact, the George's Jammies program brought in such an abundance of donated pajamas, the excess went to Valley Children's Clothes Closet, which serves kids throughout the network who need clean clothing for a variety of reasons.

Guilds stayed true to their mission

cClaskey's pride in the Guilds continues to shine brightly, in part because of how the 1,200 members stepped up during such a difficult season.

"We have hung in there and we are staying true to our mission," she said, "We've been here for 70-plus years and we are not going anywhere. We're very strong."



Guild members collected donations of 1,000 pairs of pajamas

GUILD ENDOWMENTS

9/30/20 Market Value: \$12.520.080

The Guilds Child Abuse Prevention and Treatment Endowment: \$5.846.649

The Guilds Child Life Endowment: \$1.467.643

The Guilds Heart Center Endowment:

\$2,864,640

The Guilds Spiritual Care Endowment: \$1.397.233

The Guilds Center for Community Health:

\$888,000

GUILDS OF VALLEY CHILDREN'S HEALTHCARE

Alegria Guild, 1950 Holiday Guild, 1953

Kings Guild, 1950

La Comida Guild, 1953

La Feliz Guild, 1949

Las Madrinas Guild, 1950

La Sierra Guild, 1999

La Tienda Guild, 1952

La Visionaria Guild, 2007

Los Rancheros Guild, 1949

Padrinos Guild, 2015

Tenaya Guild, 1950

Proceeds raised by the Guilds, 1949-2020:

\$33,000,000

BRINGING HOPE





TO PATIENTS AND FAMILIES

At Valley Children's Healthcare Foundation, our mission has always been to find ways to help our community help patients and families. Early on in 2020, we were engaged in that mission, meeting and working with people whose generosity and desire to make a difference in the lives of children are truly inspiring.

e have all been impacted by COVID-19, some to a greater extent than others. But through this extraordinary time, through losses, hardship and concern for family and friends, the Central Valley generously supported Valley Children's.

Over the past year, philanthropy helped make it possible for Valley Children's to purchase lifesaving equipment, recruit expert pediatric specialists and serve as the pediatric and adolescent referral center for the nearly 1.4 million kids living in our service area, all while responding to the unique demands of the pandemic. We thank you for your generosity at a time of greatest need. We

thank you for bringing hope to patients and families at a time when it was needed most.

To our supporters, we want you to know that we are thinking of you, we appreciate you and we cannot wait to see you again when these circumstances pass. Until then, know that you are important to us in ways far beyond your generosity.

Top to bottom: ABC30 Action News anchor Warren Armstrong and sponsor Sun-Maid reveal total for ABC30 "Futures Worth Fighting For" Telethon; Manteca gamer Steven Andersen raised more than \$10,000 in 2020 through the CMN Hospitals Extra Life Program; Aydin Razzaqi designs creative media to sell on Facebook in support of the Cancer and Blood Disorders Center; the Vasquez siblings drew and sold drawings to friends and family to raise money for Valley Children's









Outpouring of

COMMUNITY SUPPORT SUPPORT

Volunteers answered hundreds of calls from generous donors during the 6th Annual ABC30 "Futures Worth Fighting For" Telethon on August 13

n 2020, we were overwhelmed by the incredible generosity of the Central Valley. Despite shelter-in-place orders, social distancing and closures, thoughtful community members and organizations stepped up to donate essential in-kind items and generously contributed to our COVID-19 Fund to assist the response efforts at Valley Children's Hospital.

It was truly inspiring to witness how together, our friends and neighbors remained committed to helping one another, even when circumstances were far less than ideal. These donations have helped patients, staff and family members stay safe and healthy, and no doubt given them a much-needed boost in the midst of this challenging time.

We are grateful and humbled to have received these gifts to help us safely meet the pediatric healthcare needs of Central Valley kids. Since the beginning of the pandemic, we have received donations of items from hundreds of individuals, businesses and organizations.



Les Schwab Tires raised \$14,300 for Valley Children's during the pandemic through an in-store campaign





Panda Express raised more than \$620,000 for Valley Children's in 2020, including a \$30,000 gift last summer to provide PPE for healthcare staff















DONORS

Valley Children's gratefully recognizes new gifts, multiyear pledges and payments on past years' pledges during the 2020 calendar year. Life-to-Date giving is recognized on the donor wall at Valley Children's Hospital.

\$5 Million & Above Anonymous (1)

\$1,000,000 to \$4,999,999

Children's Miracle Network Hospitals*

The Estate of Donald Emil Gumz

\$500.000 to \$999.999

The Giannini Family The Guilds of Valley Children's Healthcare**

\$250,000 to \$499,999

Ms. Madeleine Cowan Dr. Troy Smith

\$100,000 to \$249,999

ABC30

E. & J. Gallo Winery The Fresno Bee Mr. Charles P. Gorini Mr. Don B. Huntley Isnardi Foundation The Mitchell Family Foundation Quiring General, LLC The Wonderful Company & the Resnick Family Foundation

\$50,000 to \$99,999

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Dr. Carol Wong and

Mr. Edward Wong

\$25,000 to \$49,999

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\$10,000 to \$24,999

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*Children's Miracle Network Hospitals are listed on page 37.

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Join or support a Guild

The Guilds of Valley Children's have been a vital source of fundraising since 1949, raising more than \$32.5 million to provide Central Valley children with excellent medical care. By joining or supporting a guild, you can be part of this rich tradition. Contact the Guilds Office at 559-353-7145 or guilds@valleychildrens.org, or visit valleychildrens.org/guilds.

Volunteer

Valley Children's volunteers range in age from 14 to 90+ and give their time on either an ongoing or short-term basis. Most volunteers interact directly with patients by playing games, reading books and assisting with arts and crafts. Volunteers also deliver crafts and movies to patients, assist in the gift shop and provide support for our various practices, offices and information desks. Each year, approximately 500 volunteers help care for our patients and you could be one of them. Contact the volunteer office at 559-353-5222 or visit valleychildrens.org/volunteers.



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makes all the difference

Valley Children's Healthcare is governed by aligned Boards of Trustees who serve at the organizational, Hospital, Medical Foundation and philanthropic Foundation levels.

hile each Board has clear and distinct accountabilities, they are each composed of dedicated and diverse leaders from communities and sectors from throughout the Central Valley and across the State. They are each highly accomplished industry and civic leaders in their own right.

For some, their involvement is personal, with Valley Children's having provided life-saving care for themselves or their own children over generations. For others, their commitment is driven by what they have seen Valley Children's provide for their neighbors' children, their employee's children and the children in their own communities.

But for each Board member, their commitment is rooted in the deeply held belief that it is a privilege to ensure that this 70-year legacy of Valley Children's continues, grows, advances – and that every child in the Valley deserves adults who care.

Our Trustees guide Valley Children's with strategic insights, wisdom and resourcefulness. And we are thankful for their service.



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STATISTICAL HIGHLIGHTS

NICUs

1 Regional Level IV

1 Community Level III

2 Intermediate Level II

84.720

7,370

INPATIENT DISCHARGES

640+ Physicians 3,500+ Employees

400+ Volunteers

FACILITIES

7 Specialty Care Centers

8 Primary Care Locations

1 Urgent Care Center

SPECIALTY CARE VISITS

209,413 3,000+

60,380

OUTPATIENT VISITS

181.984 11.529

CLINICAL TRAINING & EDUCATION

266 Residents and medical students

1,062 Nurses and allied health professionals



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