Team Ground Rules

1) Be here: or let one of the coaches or team captains know ahead of time.
2) Treat each other with respect.
3) One voice: One person talks at a time.
4) Recognize and celebrate induvial and team accomplishments.
5) When at team events, stay with your team and set a good example for everyone.

Team Goals:

1) Responsibility: You are responsible for your actions and performance.
2) Unselfishness: There is no I in TEAM.
3) Improve: Everyday as a person and player.
4) No self-limitations: Always expect more from yourself.
5) Never give up; don't give up from mistakes. Mistakes are okay; keep playing and learn from them.
6) Leadership: Everyone can set the example
7) Consistency: Do your best every time.
8) Unity: Come together as never before.
9) Be tough mentally and physically.