

Valley
Children's
HEALTHCARE

Inpatient Pediatric Rehabilitation Center





Welcome to Our Inpatient Pediatric Rehabilitation Center

At Valley Children's Inpatient Pediatric Rehabilitation Center, we understand the uncertainty and challenges you may face because of your child's illness or injury. Choosing pediatric rehabilitation services demonstrates an important step in providing every opportunity for your child's recovery.

Recognizing that children are not "little adults," and adolescents and young adults are not "big children," we provide each individual and family high-quality, comprehensive care in a respectful and supportive environment. We are here to help, teach and encourage you during this process so that your child can achieve a bright future.

The Children We Serve

Our program addresses a wide variety of pediatric rehabilitation needs for patients from birth to age 21. We offer experienced care for a broad range of conditions. Our areas of specialization include:

- Traumatic brain injury
- Spinal cord injury
- Encephalitis, meningitis and other central nervous system infections or diseases
- Stroke
- Guillain-Barré syndrome and other neuromuscular disorders
- Near-drowning and other hypoxic-ischemic injuries
- Disability or recovery from oncological disorders
- Critical care/disuse myopathy
- Multiple trauma
- Burns
- Acute amputations
- and more

“ I had a car accident that was very traumatizing. I remember my therapist was kind and caring but also encouraged me to overcome my fears. She not only helped me physically, but she also became like family. That is the difference Valley Children's makes for kids like me. ”
- Arturo Barajas, 18, Terra Bella



The Rehabilitation Process

The road to rehabilitation can seem overwhelming. Our experienced interdisciplinary team will work closely with you to create an individualized rehabilitation plan that incorporates your child's and family's needs, and identifies functional abilities and rehabilitation goals. The team continuously evaluates and modifies the plan as your child makes progress with the goal of successful transition back to home, school and community life.

All patients receive three hours of therapeutic services a day, six days a week. Physical, occupational and speech/language therapies form the core of the therapeutic services. The child's specific needs determine the combination of therapy services. Our pediatric nursing staff is an integral part of the team and provides 24-hour care to work toward the rehabilitation goals.

Our Interdisciplinary Team

Our pediatric rehabilitation team includes the child, family members and various expert pediatric caregivers and specialists who focus on treating the whole child, including the following:

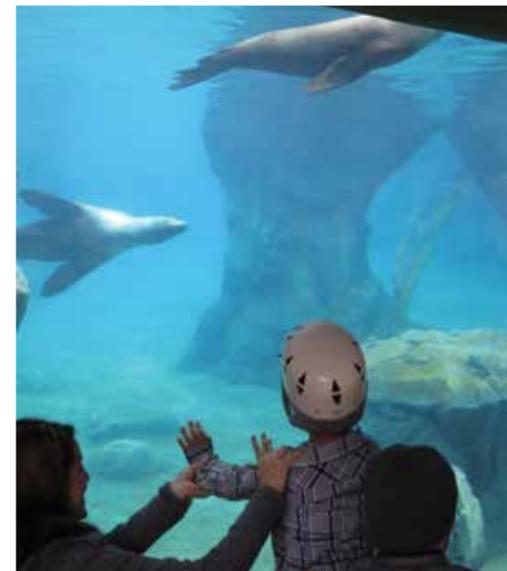
- Board-Certified Physiatrist/Medical Director
- Pediatric Specialty Physicians
- Nurse Practitioners
- Rehabilitation Nurses
- Preadmission Coordinator
- Physical Therapists
- Occupational Therapists
- Speech-Language Pathologists
- Recreational Therapist
- Neuropsychologists
- Clinical Psychologists
- Social Workers
- Case Managers
- Peer Counselor
- Child Life Specialists
- Dietitians
- Respiratory Care Practitioners
- Credentialed Teacher

Therapeutic Outings

As part of the rehabilitation process, the Center provides therapeutic outings in the community to help patients practice new skills and enhance functional abilities. From bowling, miniature golf, fishing, shopping, and arts and crafts, to trips to the zoo and sporting events, these activities boost the patient's confidence in returning to school and daily life.

Inpatient Education and School Re-entry Services

During the course of rehabilitation, each school-aged child receives educational services from a credentialed teacher as part of a customized program. The staff also works with the child's school personnel to recommend appropriate educational services and facilitate successful school re-entry.



Family Amenities

Family involvement plays a significant role in the child's successful recovery. Designed for families' easy access and comfort, our Center features a kitchen, family dayroom, laundry facilities and playground. We can accommodate two parents or family members overnight for those who choose to room-in with their child during their rehabilitation stay. At least one family member must be over age 18. Free RV parking with hookups is also available for our patient families.

A room may be available at the Ronald McDonald House, a home-away-from-home for families outside Fresno and Madera. To check availability, please call **Valley Children's Patient and Family Services at (559) 353-5270.**



“ I'm so thankful for Valley Children's for taking care of my daughter and for taking care of me. Everyone was empathetic and nice. It was very family-oriented. ”

- Alma Tapia of Tulare



About Our Pediatric Rehabilitation Medical Director

Dr. Jennifer Crocker is the medical director of Valley Children's Pediatric Rehabilitation Center. She is board certified in physical medicine and rehabilitation by the American Academy of Physical Medicine and Rehabilitation.

Dr. Crocker received her medical degree from the University of Missouri School of Medicine. She did her residency in physical medicine and rehabilitation at the University of California Davis Medical Center. She completed a fellowship in pediatric physical medicine and rehabilitation at Shriners Hospitals for Children - Northern California.

Why Choose Valley Children's

Valley Children's Healthcare is one of the largest pediatric healthcare networks in the nation. It has provided Central California's only high-quality, comprehensive care exclusively for children for more than 60 years. Our independent, nonprofit network offers highly specialized medical and surgical services to treat conditions ranging from the common to the most unusual and complex. Our medical facilities and services include our 358-bed main children's hospital and three neonatal satellite locations, as well as partner hospitals, specialty care centers and pediatric primary care offices. With more than 550 physicians and 3,000 staff members, Valley Children's partners with other providers and organizations throughout our 11-county, 45,000-square-mile service area to support delivering the best care to children closer to home.

Valley Children's Inpatient Pediatric Rehabilitation Center has offered a comprehensive approach to high-quality care since 1986.

Our 20-bed unit is accredited as an Inpatient Rehabilitation Pediatric Specialty Program by the Commission on Accreditation of Rehabilitation Facilities (CARF) – making Valley Children's the only one in the state with this impressive designation, and only one of three on the West Coast. To achieve this accreditation, a unit must demonstrate that it meets stringent internationally recognized service standards and best practices. This accreditation means that Valley Children's is dedicated to being among the best providers of pediatric rehabilitation both for quality of care and patient outcomes.



Valley Children's is a certified California Children's Services provider and is accredited by The Joint Commission (TJC). TJC Accreditation recognizes organizations that are committed to the highest quality and safety in the care and services they provide.

Our patients and families appreciate our comprehensive approach. Our Inpatient Pediatric Rehabilitation Center team consistently scores high on patient care surveys. On our Overall Quality of Care Survey, a score of 2.0 means "meets expectations" and a score of 3.0 means "exceeds expectations." From 2012 to 2015, our team scored 2.93 out of 3.0 on this survey, reflecting the excellent, compassionate care we deliver every day.





Inpatient Admission Criteria

To qualify for admission to the Inpatient Pediatric Rehabilitation Center, the patient must meet these criteria:

- Be medically stable for transfer.
- Demonstrate potential for improvement in quality of life, and can benefit from intensive medical, physical and/or cognitive rehabilitation.
- Actively participate in at least three hours of therapy per day.
- Have family or caregivers present to participate in the pediatric rehabilitation program.
- Have a discharge plan in place to follow the inpatient rehabilitation stay.

Timely referrals provide the greatest potential for recovery. Our capability to manage complex pediatric trauma and medical patients needing rehabilitation services makes early referrals and transfers possible.

How to Make a Referral

We hope that Valley Children's will be your choice to meet your child's rehabilitation needs. Referrals for inpatient pediatric medical rehabilitation services may be made by:

- Physicians
- Case Managers and Discharge Planners
- Parents, Family Members and Caregivers
- Patients (who are at least age 18)
- Third-Party Payors
- Other Allied Health Professionals

Funding

Referral to California Children's Services (CCS) is required for Medi-Cal patients, and is suggested for patients and families with limited insurance coverage seeking rehabilitation services at Valley Children's. An estimated cost of the rehabilitation stay is available upon request.

Contact Us

We welcome the opportunity to talk with you about our programs, answer questions and/or arrange a facility tour. Please contact our rehabilitation preadmission coordinator by calling the **Valley Children's Access Center at (866) 353-KIDS (5437)**.



“ Even though we weren't at home, the people were like family. The therapists were friendly and helpful. They would let my son (Jared) go at his own pace, but pushed him at the same time. ”

- Lori Springer, Grover Beach



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