The Nephrology practice at Valley Children’s provides a specialized, multidisciplinary approach to the care of infants, children and adolescents with congenital and acquired kidney disease. Professionals in clinical nutrition, social work and nursing support the practice.

The nephrology practice provides comprehensive and continuous inpatient and outpatient care including the only dedicated pediatric peritoneal dialysis program in the Central Valley. Other treatment options for acute, advanced or permanent kidney failure include hemodialysis and continuous venovenous hemofiltration.

Diagnostically, the nephrology practice offers a minimally invasive percutaneous, ultrasound-guided renal biopsy to evaluate the full spectrum of nephritides and nephropathies.

The team treats conditions including acute and chronic renal failure and other syndromes and disorders related to kidney disease. Our team also works closely with our pediatric urologists at Valley Children’s in the medical care of patients with complex urologic problems.

Nephrology utilizes nurses, a dietitian, and social worker with many years’ experience in pediatric nephrology. Their follow-up between clinic visits ensures the best outcomes and is the foundation of the practice.

Access Center
24/7 access for referring physicians
(866) 353-KIDS (5437)

Outpatient Referral
Referral forms online at valleychildrens.org/refer
FAX: (559) 353-8888

Nephrology Office Numbers
Main: (559) 353-5770
FAX: (559) 353-5822
Physician Line: (559) 353-5786

Physician Liaison
(559) 353-7229

Medical Staff
Sahar Barayan, MD
Syed Kamal, MD
Jerome Murphy, MD
Julia Tzeng, MD
### Chronic Kidney Disease

- Pertinent medical records, including growth charts.
- Relevant laboratory studies
- List of all medications
- Blood pressure readings

**When to Refer:**
Any patient with known chronic kidney disease from an underlying condition.

### Hematuria

- Pertinent medical records, including growth charts.
- Relevant laboratory studies
- List of all medications
- Blood pressure readings

**Pre-referral Work-up:**
2 or more consecutive urinalyses or dipsticks are positive for >5 RBCs/HPF:
- Microscopic hematuria is present in multiple family members
- Recurrent episodes of painless gross hematuria have occurred
- Proteinuria is seen along with hematuria
- Hypertension is present
- Signs of constitutional illness are seen (weight loss, fever, arthralgia, rash, fatigue)

### Hypertension

- Pertinent medical records.
- List of all medications
- Blood pressure readings
- If the family has obtained BP readings at home and school, please encourage them to bring them to the appointment.

**Pre-referral Work-up:**
- Pre-hypertension:
  - 90th percentile – 95th percentile or if BP is >120/80 mmHg
  - Recheck in 6 months – refer if elevated when repeated
  - Note:120/80 occurs typically at 12 years old for SBP and at 16 years old for DBP
- Stage 1 hypertension:
  - 95th percentile – 99th percentile plus 5 mmHg
  - Recheck in 1-2 weeks or sooner if patient is symptomatic
  - If persistently elevated on 2 additional occasions, evaluate or refer to source of care within 1 month
- Stage 2 hypertension:
  - >99th percentile plus 5 mmHg
  - Recheck within 1 week; if persistent
  - Evaluate or refer to pediatric nephrology within 1 week or immediately if patient is symptomatic (severe headache, nausea, vomiting, blurred vision accompanying blood pressure above the 95th percentile)

(Adapted from The Fourth Report on the Diagnosis, Evaluation, and Treatment of High Blood Pressure in Children)
<table>
<thead>
<tr>
<th>Condition</th>
<th>Pre-referral Work-up</th>
<th>When to Refer</th>
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<tr>
<td>Nephrotic Syndrome</td>
<td>Pertinent medical records, including growth charts.</td>
<td>Positive physical findings</td>
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<td>• List of all medications</td>
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<td>• Results of PPD testing and varicella titer</td>
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Valley Children's contracts with the following health plans for hospital and physician services.*

If you have questions, please call us at (559) 353-7238 to speak with a contracting representative.

**Insurance Plans**
Aetna EPO / HMO / PPO
AllCare IPA
Bakersfield Family Medical Center / Heritage Physician Network
Blue Cross HMO / Prudent Buyer PPO / Healthy Families EPO
Blue Cross Medi-Cal / Healthy Families HMO
Blue Shield HMO / PPO / Healthy Families
Capp Care (Beachstreet)
Catholic Healthcare West-Bakersfield
CCS – California Children's Services
Central California Alliance for Health
Central Valley Medical Group CVMG
Choice Care
Cigna / Greatwest
Delano Regional Medical Group
EHS IPA (Blue Cross Managed Medi-Cal Patients / Healthy Families)
Emmanuel Employee Benefit Plan
First Health / CCN
Foundation HealthCare Administrators / California Foundation for Medical Care
GemCare IPA / Managed Care Systems
Health Net HMO / PPO / Healthy Families / Healthy Kids
Health Net Medi-Cal / CalViva
Health Plan San Joaquin Medi-Cal / Healthy Families
Hill Physician Medical Group
Interplan
Kaiser HMO / Healthy Families / Medi-Cal
Kern Health Systems Medi-Cal / Healthy Families
Key / Mosaic Medical Group IPA
LaSalle IPA (Blue Cross Managed Medi-Cal)
Medicare
MediCal – California State
MedCore Medical Group
Multiplan / PHCS
Sante IPA
Sutter Gould Medical Foundation
Sutter Hospital System (Modesto Memorial, Memorial Los Banos, Sutter Tracy)
TriWest (Formally TRICARE / CHAMPUS)
United HealthCare / PacifiCare
Universal Care

*Plans may be subject to change.