

Our pediatric Otolaryngology – Head and Neck Surgery (Ear, Nose and Throat) practice covers all areas of medical and surgical diseases involving the head, neck and aerodigestive tract.

Our team of board-certified, fellowship-trained head and neck surgeons performs about 3,500 operations a year. Most surgeries are outpatient, or day-surgery cases, which reduce stress on the child and family. Our team performs all advanced surgical procedures and keeps abreast of current treatments by participating in lecturing, publishing and teaching to ensure the best care for your patient.

As the only dedicated pediatric head and neck surgery group in the area, we provide management of all disease processes involving the head and neck:

- Salivary gland tumors
- Lymphoma
- Orbital masses
- Hearing loss
- Complex ear masses/infections
- Complex airway lesions
- Complex respiratory issues
- Thyroid masses

Our pediatric ear, nose and throat specialists are always available for consultations and urgent patient appointments.

### **Access Center**

24/7 access for referring physicians  
(866) 353-KIDS (5437)

### **Outpatient Referral**

Referral forms online at [valleychildrens.org/refer](http://valleychildrens.org/refer)  
FAX: (559) 353-8888

### **ENT Office Numbers**

Main: (559) 353-6453  
FAX: (559) 353-6457  
Physician Line: (559) 353-5312

### **Physician Liason**

(559) 353-7229

### **Medical Staff**

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**Michael Dunham, MD**  
Medical Director

**James Barrese, MD**  
**Angela Martin, MD**  
**Mark Rowe, MD**

Condition	Pre-referral Work-up	When to Refer
<b>Epistaxis</b>	<ul style="list-style-type: none"> <li>History and physical</li> <li>Labs (PT, PTT), if indicated by history or physical examination</li> </ul>	<ul style="list-style-type: none"> <li>Work-up is positive for allergic rhinitis and no improvement after six weeks of topical allergy medications (daily nasal steroid)</li> <li>Work-up negative for allergic rhinitis and no improvement after four weeks of [1% hydrocortisone ointment to anterior septum nightly]</li> </ul>
<b>Hoarseness</b>	<ul style="list-style-type: none"> <li>History and physical</li> <li>Gastroenterology consult to rule out GERD</li> </ul>	<ul style="list-style-type: none"> <li>Three or more months of moderate to severe hoarseness not responsive to one month trial of ranitidine or PPI therapy.</li> <li>Any hoarseness associated with stridor not compatible with croup</li> <li>Hoarseness with moderate or severe stridor or respiratory distress should be seen urgently in the ED</li> </ul>
<b>Lateral Neck Mass/ Branchial Cleft Sinus</b>	<ul style="list-style-type: none"> <li>Deep cystic or solid masses not associated with thyroid gland requires neck CT with contrast</li> <li>If suspected thyroid mass, ultrasound of neck with notation of thyroid gland</li> <li>If atypical TB suspected, patient should have PPD prior to visit</li> <li>Persistent inflammatory lymph nodes should have CBC with diff/momospot/bartonella titers/toxoplasmosis</li> </ul>	<ul style="list-style-type: none"> <li>Pit in neck with history of drainage</li> <li>Lateral neck mass &gt; 4 cm in diameter</li> <li>Asymptomatic lateral neck mass &lt; 4 cm in diameter present greater than one month, not responsive to one course of oral antibiotics</li> <li>Any lateral mass with overlying erythema or signs of fluctuance</li> </ul>
<b>Cysts/Masses</b> <ul style="list-style-type: none"> <li>Neck mass</li> <li>Thyroid mass</li> <li>Parotid mass</li> <li>Dermoid cyst</li> </ul>	<ul style="list-style-type: none"> <li>History and physical (including antibiotic history)</li> </ul>	<ul style="list-style-type: none"> <li>Positive physical findings</li> </ul>
<b>Branchial Cleft Sinus</b>	<ul style="list-style-type: none"> <li>History and physical</li> </ul>	<ul style="list-style-type: none"> <li>Positive physical findings</li> </ul>

Condition	Pre-referral Work-up	When to Refer
<b>Obstructive Adenotonsillar Hyperplasia</b>	<ul style="list-style-type: none"> <li>History and Physical</li> </ul>	<ul style="list-style-type: none"> <li>History of three or more months of frequent loud snoring with suspected sleep disturbance</li> <li>Trouble swallowin</li> </ul>
<b>Rhinorrhea/Nasal Congestion</b>	<ul style="list-style-type: none"> <li>Rule out allergic rhinitis               <ul style="list-style-type: none"> <li>History of atopic dermatitis</li> <li>Family history</li> <li>Referral to allergist PRN</li> </ul> </li> <li>Rule out adenohyperplasia</li> </ul>	<ul style="list-style-type: none"> <li>Work-up positive for allergic rhinitis and no improvement after six weeks of topical allergy medications (daily nasal steroid)</li> <li>Symptoms of nasal obstruction/sleep apnea</li> </ul>
<b>Sinusitis</b>	<ul style="list-style-type: none"> <li>Physical examination consistent with sinusitis</li> <li>Positive imaging</li> <li>Three to six weeks broad-spectrum oral antibiotics</li> <li>Nasal steroids x six weeks</li> <li>Nasal irrigation with antibiotic solution x six weeks</li> </ul>	<ul style="list-style-type: none"> <li>Persistent symptoms despite six weeks of appropriate treatment</li> </ul>
<b>Tonsils/Adenoids</b>	<ul style="list-style-type: none"> <li>History and physical</li> <li>Ancillary tests</li> <li>Throat culture, monospot as appropriate, CBC</li> <li>Lateral neck X-ray</li> </ul>	<ul style="list-style-type: none"> <li>Three or more infections per year despite adequate therapy</li> <li>Hypertrophy causing upper airway obstruction, severe dysphagia or sleep disorders</li> <li>Suspected peritonsillar abscess</li> <li>Unilateral tonsillar hypertrophy</li> </ul>

Condition	Pre-referral Work-up	When to Refer
<b>Nasal Trauma</b>	<ul style="list-style-type: none"> <li>Physical examination to rule out associated injuries, septal hematoma, significant lacerations or persistent epistaxis</li> <li>CT for diagnostic confirmation of associated injuries</li> </ul>	<ul style="list-style-type: none"> <li>Evidence of septal hematoma, complex laceration or uncontrolled epistaxis</li> <li>Complaints of significant nasal obstruction less than 10 days from trauma</li> <li>Significant cosmetic deformity less than 10 days from trauma</li> <li>Nasal fractures - call practice directly</li> </ul>
<b>Cholesteatoma</b>	<ul style="list-style-type: none"> <li>History and physical</li> <li>Comprehensive audiology evaluation</li> </ul>	<ul style="list-style-type: none"> <li>Positive physical finding</li> </ul>
<b>Hearing Loss</b>	<ul style="list-style-type: none"> <li>History and physical</li> <li>Comprehensive audiology evaluation</li> </ul>	<ul style="list-style-type: none"> <li>Positive physical finding</li> </ul>
<b>Stridor</b>	<ul style="list-style-type: none"> <li>History and physical</li> </ul>	<ul style="list-style-type: none"> <li>Contact practice directly or send to Valley Children's Emergency Department for immediate evaluation</li> </ul>

Valley Children's contracts with the following health plans for hospital and physician services.\*

If you have questions, please call us at **(559) 353-7238** to speak with a contracting representative.

## Health Plans

Aetna EPO / HMO / PPO  
Anthem Blue Cross HMO / Prudent Buyer PPO  
Anthem Blue Cross Medi-Cal  
Blue Shield HMO / PPO  
Capp Care (Beachstreet)  
Central California Alliance for Health Medi-Cal  
Champus (TRICARE)  
Choice Care  
Cigna / Greatwest  
Delano Regional Medical Group  
First Health / CCN / Coventry  
Foundation HealthCare Administrators / California Foundation for Medical Care  
Health Management Network  
Health Net HMO / PPO  
HealthNet Medi-Cal (CalViva Health)  
Health Plan San Joaquin Medi-Cal  
HealthSmart  
Kaiser HMO / Medi-Cal  
Kern Family Health Medi-Cal  
Multiplan / PHCS  
Managed Care Systems  
Networks by Design  
Pacific Health Alliance  
Santa Barbara Health Initiative (CenCal Health)  
Sutter Hospital System (Modesto Memorial EPO, Memorial Los Banos, Sutter Tracy)  
United HealthCare West (formerly PacifiCare)  
Universal Care

## IPA

AllCare IPA  
Bakersfield Family Medical Center / Heritage Physician Network  
Employee Health Systems IPA (Blue Cross & CalViva HealthNet Managed Medi-Cal Patients)  
GEMCare IPA  
Independence Medical Group IPA (Blue Cross & HealthNet Medi-Cal Patients)  
Key Medical Group IPA / Foundation for Medical Care of Tulare and Kings Counties  
LaSalle Medical Associates IPA (Blue Cross Managed Medi-Cal Patients)  
Prime Community Care Central Valley (HealthNet Managed Medi-Cal Patients)  
Saint Agnes Medical Group IPA  
Sante IPA  
Sutter Gould Medical Foundation

## Other

CCS  
Medi-Cal  
Medicare

\*Plans may be subject to change.